



BIG IDEAS

Calling all parents, guardians, caregivers and Bigs! Our Littles need you now, more than ever!

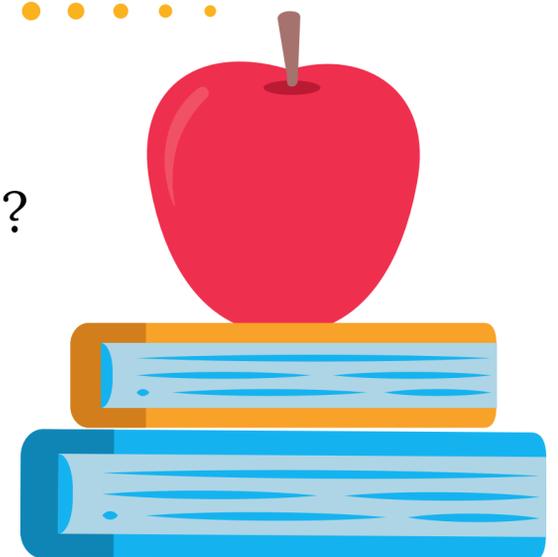
We encourage you to continue to connect with each other and to continue to explore new ways to have fun despite physical distancing. Big Brothers Big Sisters of York will be sending you a newsletter bi-weekly, promoting some ideas that may help to keep you connected.

We would encourage all mentoring relationships to submit their own ideas and stories of their attempts at virtual fun so that other matches may benefit from them.



RIDDLES AND GIGGLES

1. Why was the teacher wearing sunglasses to school?
2. What's the king of all school supplies?
3. Why did the M&M go to school?
4. Why do magicians do so well in school?



TAKE A TRIP TO...

This video follows a student from the U.S. and a student in Guatemala as they make their trip to school in the morning. Watch to see how different their journeys are! [Click Here](#)



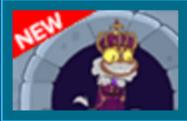
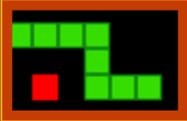
Answers to this week's newsletter will be provided on the last page

BIG LINKS

Check out this video of kids trying school lunches from around the world! Can you think of some delicious and nutritious lunch ideas? [Click Here](#)



Brush up on your math skills with these [Cool Math Games! CLICK HERE!](#)

	Black Matter Escape from the particle accelerator!		Run 3 Run, skate and jump through a brand new galaxy!
	Golf is a Blast Discover a new way to play golf... with bombs!		Fireboy and Watergirl in the Forest Temple Help them work together!
	Mini Switcher Plus Get back to your gravity-flipping ways!		Chess Play Chess against the computer or your friends!
	I Heard A Rumor How fast can you spread the day's gossip?		Moto X3M Can you make it through the course?
	Poptropica Save the day on the all-new Fairy Tale Island.		Snake Eat the apples. How long can you survive?
	Epic Tangram Put every shape in the right place!		8 Ball Pool Grab a cue and take your best shot!



Colour Me!



BIG ACTIVITIES

Let's talk about...

FRIENDSHIP!

What's the difference between
a **healthy friendship** and an **unhealthy friendship**?

Are you a good friend?

Read through these examples and discuss!

Healthy friendships are not one-sided. Both people benefit from knowing each other.
In unhealthy friendships, one person always seems to give a lot more than the other.

Healthy friendships are based on mutual respect.

In unhealthy friendships, people ridicule one another, gossip or spread rumours, or act mean to one another.

Healthy friendships allow each other to grow and change.

Unhealthy friendships are threatened when one person grows or changes.

Healthy friendships are not possessive.

Unhealthy friendships are threatened by other people.

Healthy friendships nourish you and add to your life.

Unhealthy friendships leave you feeling empty and drained.

Healthy friendships accept you for who you are.

Unhealthy friendships require you to act the way someone else wants you to be in order to be accepted.

Healthy friendships allow you to have your feelings.

Unhealthy friendships only accept certain feelings.

Healthy friendships respect differences.

Unhealthy friendships demand conformity.

Healthy friendships are safe and secure.

In unhealthy friendships, trusts are broken, secrets are shared, and confidentialities are betrayed.

In healthy friendships, both people are committed to the friendship.

In unhealthy friendships, only one is.

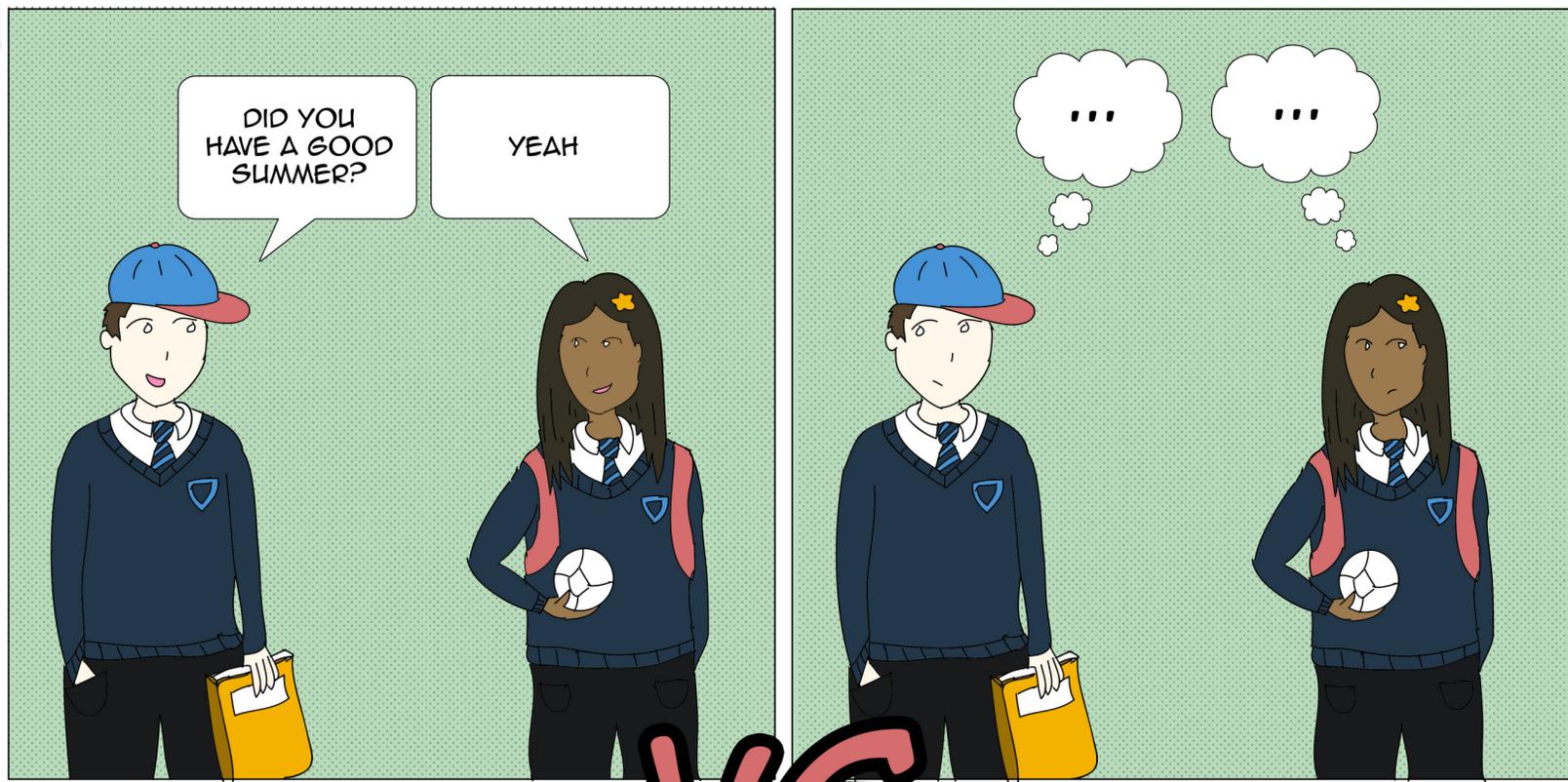
Healthy friendships are not about power or status.

Unhealthy friendships look to take advantage of another person's social standing in order to improve their own.

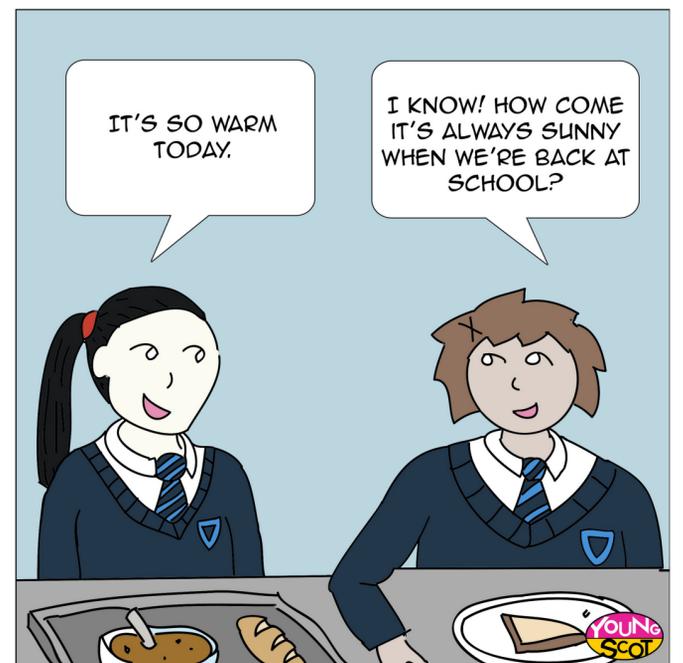
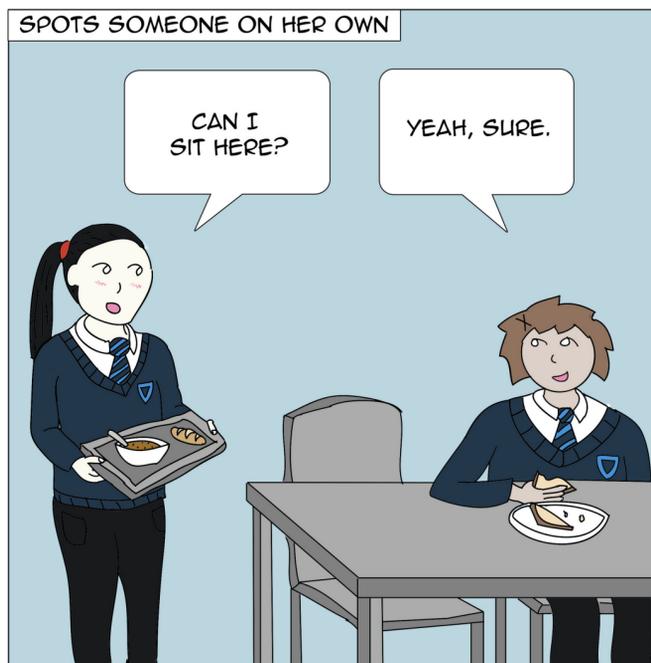
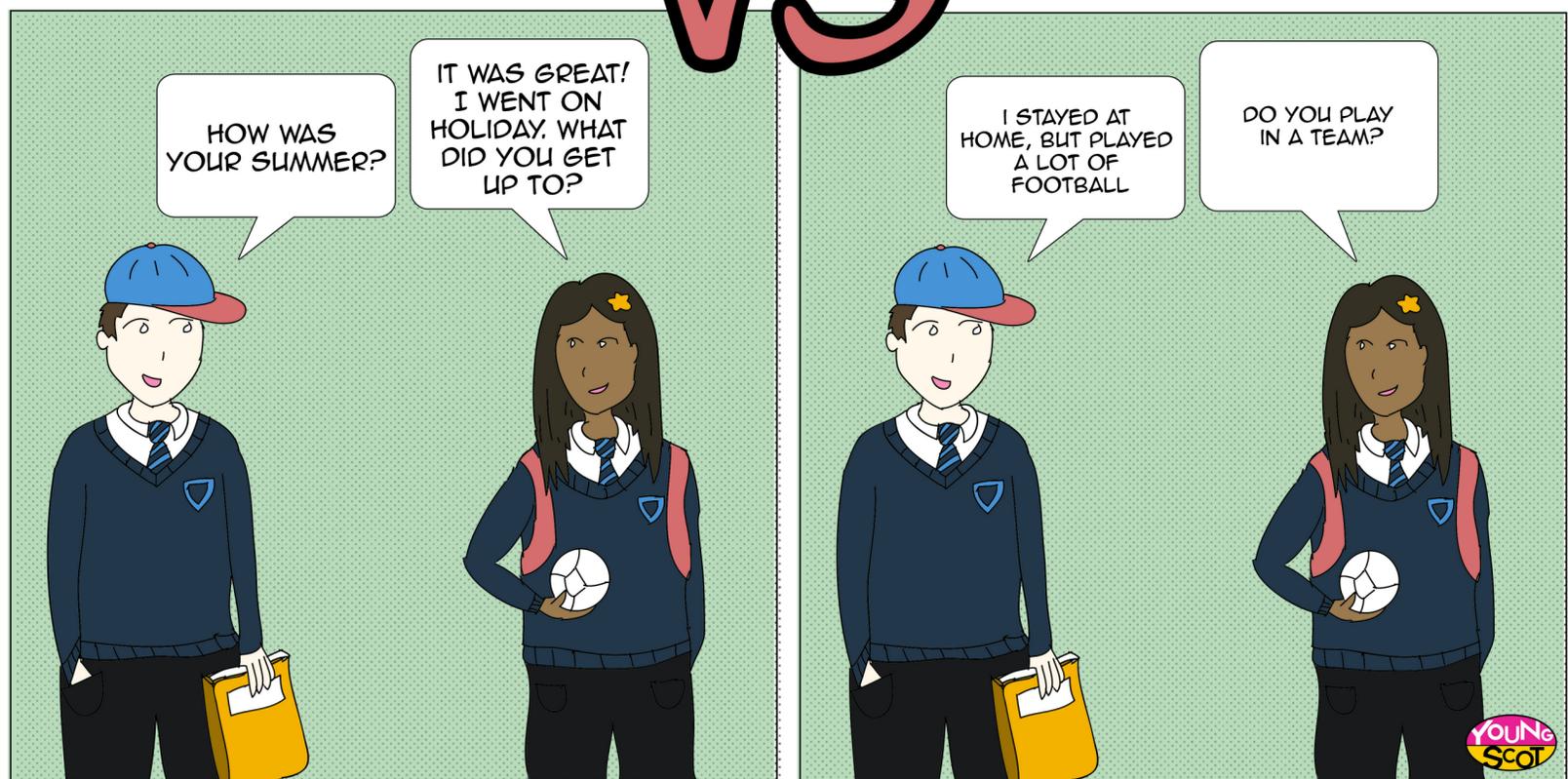


Making new friends can be hard!

Check out some of these tips... [CLICK HERE!](#)



VS



ANSWERS: RIDDLES AND GIGGLES

1. Why was the teacher wearing sunglasses to school?

A. They had bright students!

2. What's the king of all school supplies?

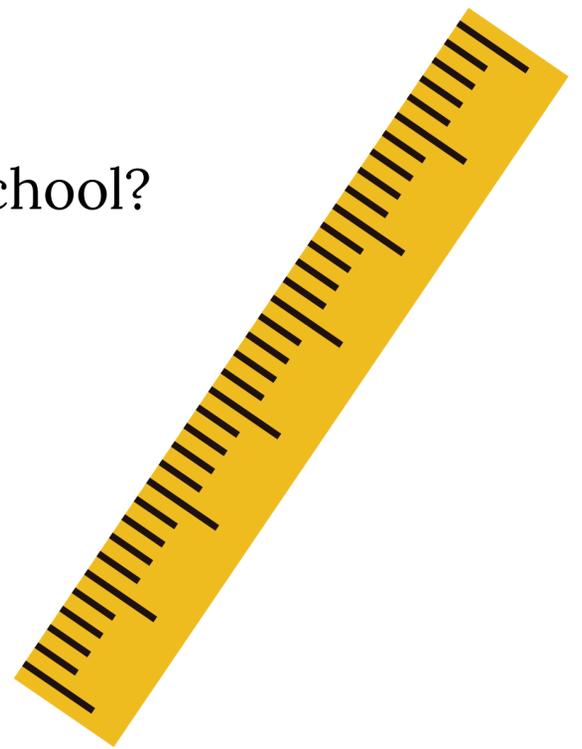
A. The Ruler!

3. Why did the M&M go to school?

A. They wanted to be a smartie!

4. Why do magicians do so well in school?

A. They're good at trick questions!



Things to look forward to:

1. Friendships
2. Education
3. Learning opportunities
4. Building Skills
5. Positive Communication
6. Fun Activities
7. New Classes
8. Lunch Time
9. Extracurricular Activities
10. Gaining Confidence & Self care skills

