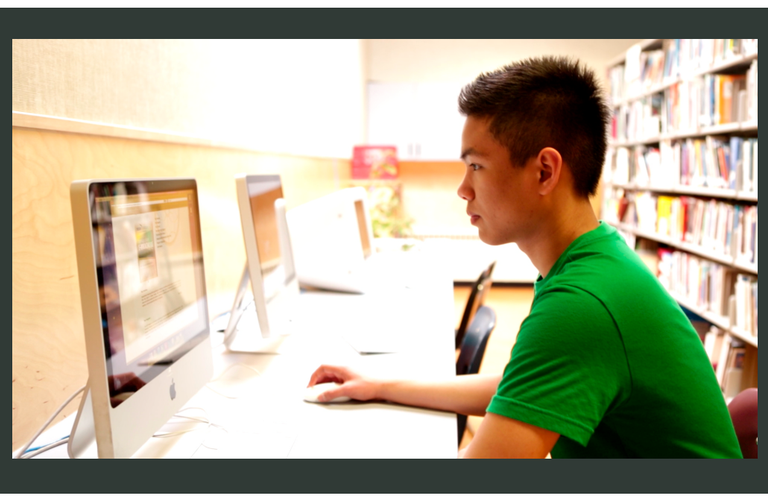
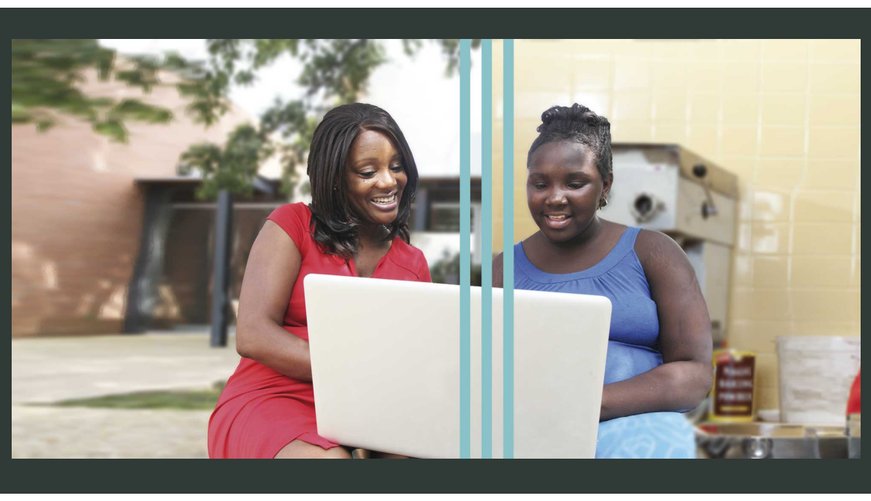
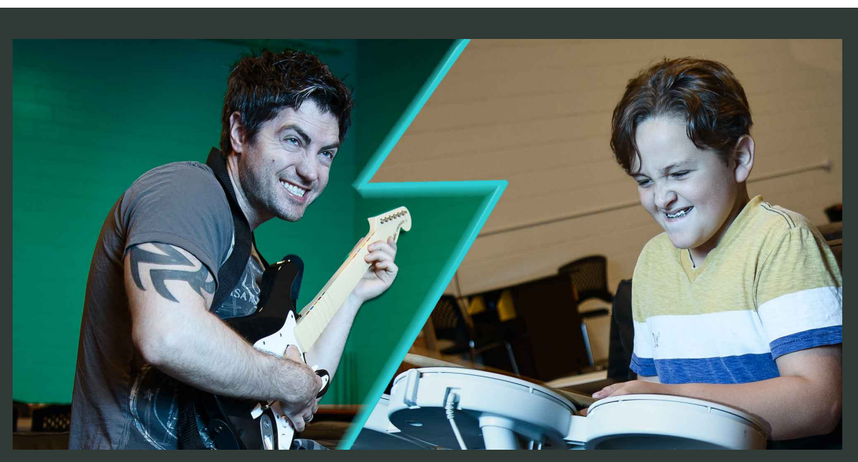
Big Brothers Big Sisters OF YORK







BIG IDEAS

Truth and Reconciliation Week

We acknowledge that York Region is located within the traditional territory of many First Nations, including the Chippewas of Georgina Island and the Mississaugas of the Credit. These lands are now home to many diverse Indigenous peoples.
We also acknowledge that York Region falls under Treaty 13 with the Mississaugas of the Credit and the Williams Treaties with several Mississauga and Chippewas First Nations.
We honour York Region's Indigenous people, ancestors, and future generations on this land that we share with reverence and humility.

FACTS AND STATISTICS

- The Cree is a group of Indigenous people who primarily live in Canada. In their language, they do not use capital letters in their vocabulary.
- There are more than 370 million Indigenous people spread across 90 countries!
- Indigenous peoples in Canada totalled 1,673,785 people, or 4.9% of the national population, with 977,230 First Nations people, 587,545 Métis, and 65,025 Inuit. 7.7% of the population under the age of 14 are of Indigenous descent.
- In Inuit tradition, it's forbidden to destroy an inukshuk.

TAKE A TRIP TO...

Potlatch Gallery at U'mista Cultural Centre

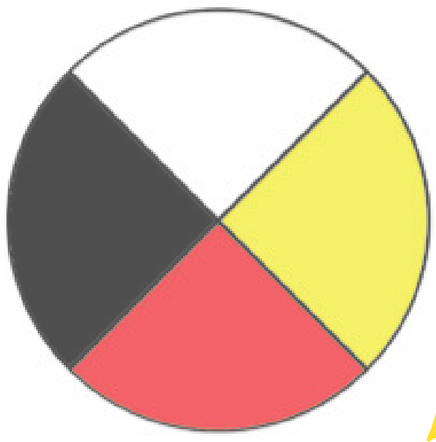
The Kwakwaka'wakw *(pronounced: KWOK-wok-ya-wokw)* of British Columbia have built a rich culture that reflects and acknowledges the riches in our natural environment.

This VIRTUAL TOUR takes you through U'mista Cultural Center

LIVING TRADITION
THE KWAKWAKA'WAKW POTLATCH ON THE NORTHWEST COAST

CONVERSATIONS IN CREE!

hello	tānsi
goodbye	kīhtwām ka-wāpamitin
What's your name?	tānisi ē-isiyihkāsoyan?
My name is _____	_____ nitisiyihkāson
Where are you from?	tānitē ohci kiya?/tānitē ē-ohcīyan?
I am from _____	_____ ohci niya



BONUS: Click here to learn about the medicine wheel

Check out this video to learn more Cree!

DO YOU KNOW WHAT AN INUKSHUK IS?

inukshuk ("i-NOOK-shook")

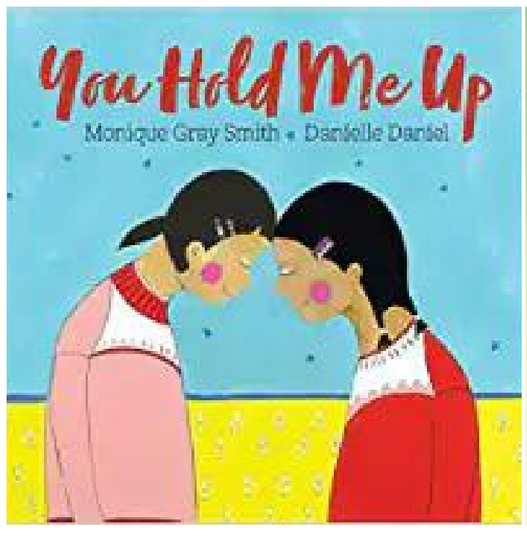
- Inukshuks are used for navigation
- They can also mark sacred places
- Or a good hunting or fishing spot

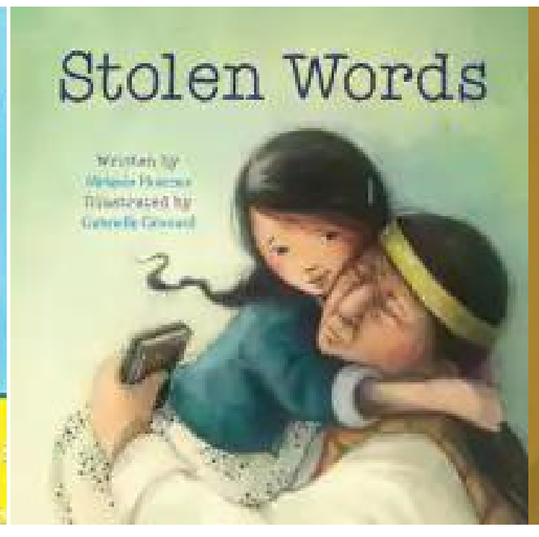
For more information Click Here

CHECK OUT THESE AWESOME LINKS

Eight of the best kids books written by Indigenous authors can be found here

Interested in learning more? Check out CBC Kids





Listen to author David Robertson read his story: ***When We Were Alone***

SEPTEMBER 30th IS ORANGE SHIRT DAY

Orange Shirt Day commemorates the story of a young Indigenous girl who was taken away to a residential school. Click here to see her full story

Design your Orange Shirt Below! Get Creative!

Try to spot all 10 differences!

Regalia in Indigenous cultures refers to the traditional and often sacred clothing, accessories and artifacts worn or carried during ceremonies

ANSWERS:
1. Headband
2. Laughing smile emoji
3. Smile emoji
4. Flowers on sleeve
5. Starcatcher
6. Teepee on skirt
7. Flower on sash
8. Buffalo on skirt
9. Wheel on belt
10. Flower on necklace

This activity is from the Indigenous Student Success Strategy Activity Book Click HERE to check it out or HERE for even more activities

DISH WITH ONE SPOON

We often hear about the Dish With One Spoon treaty, but what does that really mean?
Click HERE to watch a video and learn more

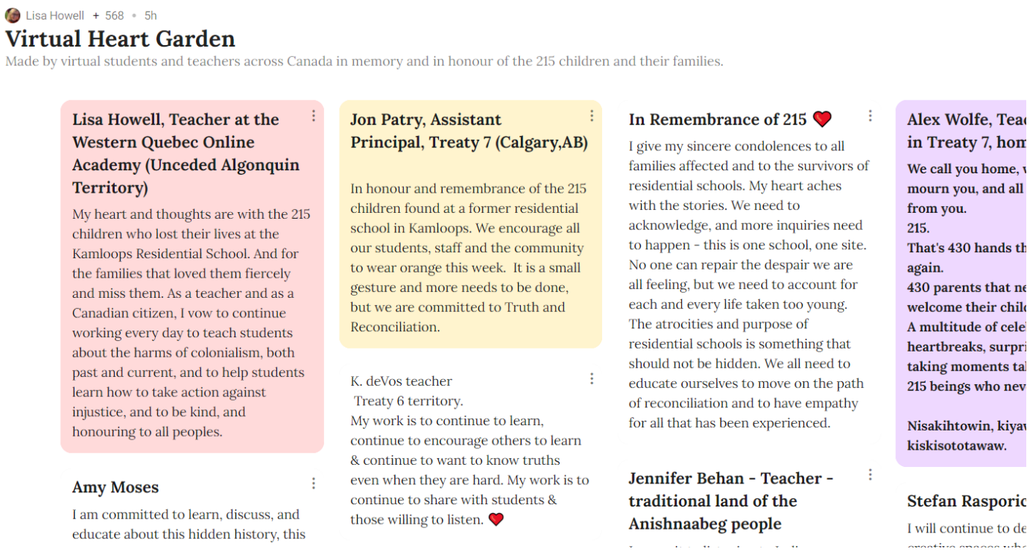
Here are examples of what wampum belts can look like

BIG ACTIVITIES

LEARN HOW TO POWWOW

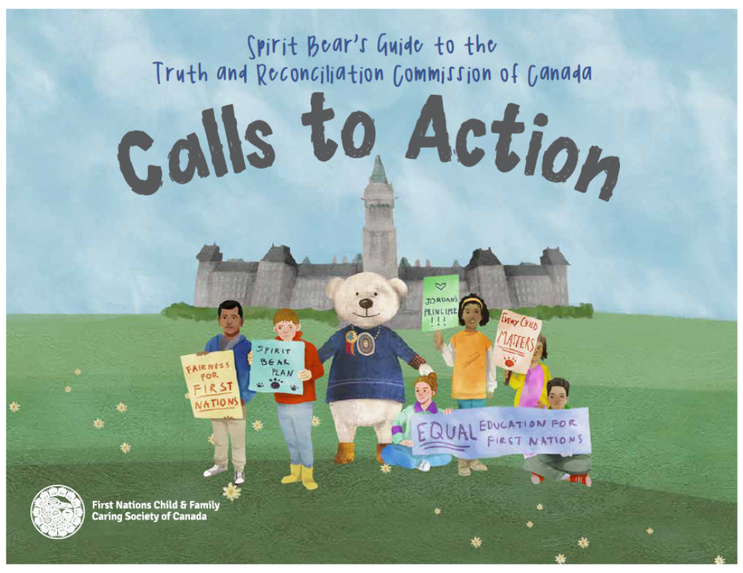
Learn about Powwow Regalia and some basic Powwow dance steps Click Here.

Project of Heart



Visit this Virtual Heart Garden created by students and teachers to honour the children and families affected by Canada's residential school system. Click here and leave your message of solidarity and commitment to reconciliation.

BEYOND TRUTH & RECONCILIATION WEEK

WANT TO DO MORE?

Learn about the TRC's 94 Calls to Action with this child-friendly booklet written by Spirit Bear or review the official document here